



Love+One

God is Love

1 John 4:8

Scriptures/Notes

A Quickening of Your Spirit

Book of Ephesians

Life in Christ begins with our acceptance of Jesus as our Lord and Savior and the belief in God as our heavenly Father. But what does this mean to each believer within the Kingdom of Heaven? We know we are created as the trinity of body, soul, and spirit, but do we truly understand the depth of our relationship to the Father because of what Christ did on the Cross at Calvary. The Book of Ephesians is a wonderful starting point in answering this question because the author, Paul, explains very succinctly the purpose of the Word becoming flesh (Christ) to fulfill the Father's will for mankind. Indeed, we are to know God's will in all matters, for He does not withhold from His beloved children.

It was always the will of God to have children and we learn in His Word just how much we are truly loved by the Father, who by character and nature is *love*. The Scriptures speak poetically of God's desire for us; therefore, take note to understanding the will of God and His purpose for your life.

In the Book of Ephesians, we see the workings of God and Jesus from the very beginning of creation when Christ was the Word and as God spoke, Jesus made all things occur. When God came to earth, once again, it was Christ fulfilling the works of God until on the Cross, Jesus said, "It is finished." God and Christ along with the power of the Holy Spirit have made all things possible both in heavenly places and on earth. Remember, Christ performed no miracles or healing until the Holy Spirit came upon Him.

There are two quickening of our spirit we must understand. First, Christ quickens our spirit with His Spirit; and secondly, the quickening of our gift of the Holy Spirit. Notice that each is God; therefore, seemingly, we have two-thirds of the Trinity of God living on the inside of each believer.

Ephesians: Chapter 1

An excerpt of Scriptures to show God's purpose and His will towards man.

*According as he hath **chosen us** in him before the foundation of the world, that we should be **holy and without blame before him in love**. Having **predestinated us** unto the **adoption of children by Jesus Christ to himself**, according to the **good pleasure of his will**. To the praise of the glory of **his grace, wherein he hath made us accepted in the beloved**. In whom we have **redemption through his blood, the forgiveness of sins**, according to the riches of his grace: Wherein he hath **abounded toward us in all wisdom and prudence**; Having **made known unto us the mystery of his will, according to his good pleasure** which he hath purposed in himself: That in the dispensation of the fulness of times he might **gather together in one** all things in Christ, both which are in heaven, and which are on earth; even in him: In whom also **we have obtained an inheritance, being predestinated according to the purpose of him** who worketh all things after the counsel of **his own will**: That we should be to the praise of his glory, who first **trusted** in Christ. In whom ye also **trusted**, after that ye **heard** the word of truth, the gospel of your salvation: in whom also after that ye **believed**, ye were **sealed** with that holy **Spirit** of promise. Which is the earnest of our inheritance until the redemption of the purchased possession, unto the praise of glory.*

*That the God of our Lord Jesus Christ, the Father of glory, may **give unto you the spirit of wisdom and revelation in the knowledge of him**: The eyes of your **understanding** being enlightened; that **ye may know what is the hope of his calling**, and what **the riches of the glory of his inheritance in the saints**. And what is the **exceeding greatness of his power to us-ward who believe**, according to the working of his mighty power, Which he wrought in Christ, when he raised him from the dead, and set him at his own right hand in the heavenly places, Far above all principality, and power, and might, and dominion, and every name that is named, not only in this world, but also in that which is to come. And hath put all things under his feet, and gave him to be the head over all things to the church, Which is his body, the fulness of him that filleth all in all.*

*Wherefore be ye not unwise, but **understanding what the will of the Lord is**.*

Summary

God's plans for Man, unto Himself

- chosen **us**
- predestinated **us**

- **adoption** unto Himself by Jesus Christ
- made **us** accepted in the beloved
- redemption
- forgiveness of **our** sins
- abound toward **us**
- made known unto **us** the mystery of His will
- have **obtained** an inheritance
- predestinated **us** according to His purpose

God's Will for Man

- mystery of His **will**
- adoption thru the good pleasure of His **will**
- gather together in **one**
- counsel of His **will**
- revelation in **knowledge** of Him
- know what is the **hope** of His **calling**
- greatness of His **power** to us who believe

God's Will accomplished in Christ

- **raised** from the dead
- **set** Him at His right hand in heavenly places
- **gave** all things in heaven and on earth to His Son
- **show** us his grace and kindness
- **fellowship** of the mystery
- **know** the wisdom of God

Man believes: (Man's requirement to receive from God)

- **heard** the word of truth
- **trust** in Christ
- **believed** in Christ
- **sealed** with the Holy Spirit
- **give unto you** the spirit of wisdom and knowledge of Him

Ephesians: Chapter 2

An excerpt of Scriptures to show our quickened spirit in Christ.

*And **you** hath he **quickened who were dead in trespasses and sins**. But God, who is rich in mercy, for his great love wherewith he loved us, Even when we were dead in sins, hath **quickened us together with Christ**, (by grace ye are saved:) And hath **raised us up together and made us sit together in heavenly places in Christ Jesus**: That in the ages to come he might **show the exceeding riches of his grace in his kindness toward us through Christ Jesus**. For by grace are ye saved through faith: and the not of yourselves: it is the gift of God: Not of works, lest any man should boast. For **we are his workmanship, created in Christ Jesus** unto good works, which God hath before **ordained that we should walk in them**.*

*For through him **we both have access by one Spirit unto the Father**. Now therefore ye are no more strangers and foreigners, but **fellowcitizens** with the saints, and of **the household of God**. In whom ye also are **builded together for an habitation of God through the Spirit**.*

Summary

Christ quickens us from death (sins) with His Spirit

All things are given in Christ for the Father.

- **quickened** us together with Christ
- **raised** us up together
- **sit** together in heavenly places in Christ
- **show** exceeding riches of His grace
- **workmanship**, created in Jesus Christ
- **ordained** to walk in faith
- **access** by one Spirit unto the Father
- **fellowcitizens** of the household of God
- **builded** together for an habitation of God through the Spirit

Ephesians: Chapter 3

An excerpt of Scriptures to show both God and Christ's joint purpose for man.

*And to make all men see what is the **fellowship of the mystery**, which from the beginning of the world hath been hid in God, **who created all things by Jesus Christ**: To the intent that now **unto the principalities and powers in heavenly places might be known by the church the manifold wisdom of God**, According to the **eternal purpose which he purposed in Christ Jesus our Lord**: In whom **we have boldness and access with confidence by the faith of him**. That he would grant you, according to the riches of his glory, to be **strengthened with might by his Spirit in the inner man**: That **Christ may dwell in your heart by faith**; that ye, being **rooted and grounded in love**, May be able to **comprehend with all saints what is the breadth, and length, and depth, and height; and to know the love of Christ**, which passeth knowledge, that ye might **be filled with all the fullness of God**. Now unto him that is able to do **exceeding abundantly above all that we ask or think, according to the power that worketh in us**, Unto him be glory in the church by Christ Jesus throughout all ages, world without end. Amen*

Summary

God and Christ: explains the Almighty (joint) purpose for man

- make all men see the **fellowship** of the **mystery**; hid in God
- **created** all things by Jesus Christ
- have access to **principalities** and **powers** in heavenly places
- knowledge and **wisdom** of God
- **eternal** purpose in Christ
- be **strengthened** with might by His Spirit
- have Christ **dwelling** in your heart by faith
- be **rooted** and **grounded in love**
- **know the love** of Christ
- be **filled** with all the **fullness of God**
- have **exceedingly abundance** above what **we ask or think**
- know the **power** that worketh in **us**

Ephesians: Chapter 4

An excerpt of Scriptures to show man's place in Christ before the Father.

*There is one body, and one Spirit, even as ye are called in one hope of your calling; One Lord, one faith, one baptism, One God and Father of all, who is above all, and through all, and **in you all**. But unto every **one of us** is given grace according to the measure of the gift of Christ. Wherefore he saith, When he ascended up on high, he led captivity captive, and **gave gifts unto men**.*

*But speaking the truth in love, may **grow up into him in all things**, which is the head even Christ.*

Summary

Christ in us, we are in Christ. As He sits at the right hand of the Father in the Kingdom of Heaven, so do we sit with Him.

And be renewed in the spirit of your mind: And that ye put on the new man, which after God is created in righteousness and true holiness.

- Christ in **us**
- every **one** is given grace
- gave gifts unto **men**
- **grow up** into Him in all things

Ephesians: Chapter 5

An excerpt of Scriptures to show how much we are loved when Christ redeemed at the Cross for the Father.

Summary

We are given righteousness in Christ because He loved us.

*Be ye therefore followers of God, as **dear children**; And walk in love, as **Christ also hath loved us**, and hath **given himself for us an offering and a sacrifice to God for a sweet-smelling savor**.*

- children of God
- loved by God
- Christ sacrifices Himself for us
- we walk in love because first He loved us

Ephesians: Chapter 6

An excerpt of Scriptures to teach us how to overcome the evils of this world.

Summary

We are taught how to live a righteous life in Christ for the Father; and how to be prepared in faith, trust, and belief against anything or anyone that attempts to compromise our relationship with God.

*Finally, my brethren, be strong in the Lord, and in the power of his might. **Put on the whole armour of God, that ye may be able to stand against the wiles of the devil.** For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spiritual wickedness in high places. Wherefore take unto you the **whole armour of god**, that ye may be able to withstand in the evil day, and having done all, to stand. Stand therefore, having your loins girt with truth, and having on the breastplate of righteousness, and your feet shod with the preparation of the gospel of peace; Above all, taking the shield of faith, wherewith ye shall be able to quench all the fiery darts of the wicked. And take the helmet of salvation, and the sword of the Spirit, which is the word of God.*

Helmet: salvation

Breastplate: righteousness

Belt: truth

Feet: peace

Shield: faith

Sword: Holy Spirit

Helmet: Save through the blood of Christ

Breastplate: Given righteousness in Christ for the Father (sins forgiven)

Belt: Live by the truth found only in God's Word

Feet: Walk with peace in your heart and goodwill towards mankind

Shield: Live by faith in the things of God within His Kingdom, trust only in the Lord

Sword: Let the Holy Spirit guide your every pathway in life, listen to Him

Praying always with prayer and supplication in the Spirit, and watching thereunto with all perseverance and supplication for all saints.

When you study these Scriptures, it tells the story of God's plan hid within Himself at the beginning of creation, accomplished in Christ; all things both in heaven and on earth are given to His Son. In our trust and belief in Christ, we are quickened in our spirit by Christ and given the gift of the Holy Spirit. All heavenly things become available to us when we walk by faith in Him who redeemed us and sealed us with the Holy Spirit. The mystery of God's will is revealed to man, for the Father desires we have wisdom of His plan and purpose. Now, as Christ sits on the throne in the Kingdom of Heaven, we are with Him because He is in us.

The most amazing and beautiful love story ever revealed!

